



APRIL 2025 SIGONELLA UPK LUNCH



Italian Day
Homemade recipes
developed by our
Italian Chefs!

2024-2025 Meal Prices	
UPK	\$3.50
UPK Reduced	\$0.40

TUESDAY 1



WEDNESDAY 2



THURSDAY 3



FRIDAY 4



MONDAY 7

Pasta w/ Meatballs
Variety of Fruit
Seasoned Green Beans
Honey Glazed Carrots
Choice of White Milk

TUESDAY 8

Chicken Parmesan
w/ Breadstick
Variety of Fruit
Seasoned Roasted Broccoli
Seasoned Corn
Choice of White Milk

WEDNESDAY 9

Soft Tacos
Variety of Fruit
Seasoned Black Beans
Shredded Lettuce +
Tomato
Choice of White Milk

THURSDAY 10

Chicken + Waffles
Variety of Fruit
Tater Tots
Sliced Cucumbers
Choice of White Milk



FRIDAY 11



MONDAY 14

Chicken Nuggets
Breadstick
Variety of Fruit
Mashed Potatoes
Honey Glazed Carrots
Choice of White Milk

TUESDAY 15

Sloppy Joe
Variety of Fruit
Seasoned Roasted Broccoli
Seasoned Corn
Choice of White Milk

WEDNESDAY 16

Bean & Cheese Burrito
Variety of Fruit
Seasoned Black Beans
Shredded Lettuce +
Tomato
Choice of White Milk

THURSDAY 17

Breakfast for Lunch
Variety of Fruit
Tater Tots
Sliced Cucumbers
Choice of White Milk

FRIDAY 18

Macaroni + Cheese
Variety of Fruit
Romaine Side Salad
Crinkle Cut Fries
Choice of White Milk

MONDAY 21

Beef + Broccoli
Fried Rice
Variety of Fruit
Seasoned Green Beans
Honey Glazed Carrots
Choice of White Milk

TUESDAY 22

Chicken Alfredo
Variety of Fruit
Seasoned Roasted Broccoli
Seasoned Corn
Choice of White Milk

WEDNESDAY 23

Nachos Supreme
Variety of Fruit
Seasoned Black Beans
Shredded Lettuce +
Tomato
Choice of White Milk

THURSDAY 24

Pasta w/ Peas
Variety of Fruit
Baked Asparagus
Vegetable Pinzimonio
Choice of White Milk
Apricot tart

FRIDAY 25

Hamburger
Variety of Fruit
Romaine Side Salad
Crinkle Cut Fries
Choice of White Milk

MONDAY 28

Pasta w/ Meatballs
Variety of Fruit
Seasoned Green Beans
Honey Glazed Carrots
Choice of White Milk

TUESDAY 29

Chicken Parmesan
w/ Breadstick
Variety of Fruit
Seasoned Roasted Broccoli
Seasoned Corn
Choice of White Milk

WEDNESDAY 30

Soft Tacos
Variety of Fruit
Seasoned Black Beans
Shredded Lettuce +
Tomato
Choice of White Milk

UPK is served Family Style*

Family Style Mean:

- Children eat in their classrooms
- Everyone eats the same food
- Children serve themselves

Family Style Promotes:

- Physical, social and emotional development
- Decision making skills, Sharing

Menu subject to change based on availability

<https://www.mynavyexchange.com/studentmealprogram/>

APRIL 2025 SIGONELLA ELEMENTARY LUNCH

2024-2025 Meal Prices	
Grades K-5	\$3.50
Grades 6-12	\$3.75
Reduced (all grades)	\$0.40

2024-2025 A la Carte Prices	
Adult Lunch	\$7.00
Lunch + Add'l Entree	\$2.25
Extra Fruit/Veggie	\$1.00
Extra Milk	\$1.00

MAKE A COMPLETE MEAL:
Entrees: Choose One
***Fruit: Choose One OR Two**
***Vegetables: Choose One OR Two**
Milk: Choose One
Must Choose a Fruit OR Vegetable

NOTE: Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

TUESDAY 1



WEDNESDAY 2



THURSDAY 3



FRIDAY 4



MONDAY 7

- (1) Teriyaki Chicken w/ Rice
- (2) Pasta w/ Meatballs
- Variety of Fruit**
- Seasoned Green Beans
- Honey Glazed Carrots
- Variety of Milk

TUESDAY 8

- (1) Chicken Parmesan w/ Breadstick
- (2) Ham & Cheese Sandwich
- Variety of Fruit**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Variety of Milk

WEDNESDAY 9

- (1) Soft Tacos
- (2) Cheese Quesadilla
- Variety of Fruit**
- Seasoned Black Beans
- Shredded Lettuce + Tomato
- Variety of Milk

THURSDAY 10

- (1) Chicken + Waffles
- (2) Grilled Cheese
- Variety of Fruit**
- Tater Tots
- Sliced Cucumbers
- Variety of Milk



FRIDAY 11



MONDAY 14

- (1) Chicken Nuggets
- (2) Cheese Lasagna
- Variety of Fruit**
- Mashed Potatoes
- Honey Glazed Carrots
- Variety of Milk

TUESDAY 15

- (1) Hotdog
- (2) Sloppy Joe
- Variety of Fruit**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Variety of Milk

WEDNESDAY 16

- (1) Bean & Cheese Burrito
- (2) Chicken Fajitas
- Variety of Fruit**
- Seasoned Black Beans
- Shredded Lettuce + Tomato
- Variety of Milk

THURSDAY 17

- (1) Ham & Cheese Croissant
- (2) Breakfast for Lunch
- Variety of Fruit**
- Tater Tots
- Sliced Cucumbers
- Variety of Milk

FRIDAY 18

- (1) Macaroni + Cheese
- (2) Italian Meatball Sub
- Variety of Fruit**
- Romaine Side Salad
- Crinkle Cut Fries
- Variety of Milk

MONDAY 21

- (1) Beef + Broccoli
- (2) Orange Chicken
- Fried Rice (w/ either entrée)
- Variety of Fruit**
- Seasoned Green Beans
- Honey Glazed Carrots
- Variety of Milk

TUESDAY 22

- (1) Chicken Alfredo
- (2) Turkey Club Sub
- Variety of Fruit**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Variety of Milk

WEDNESDAY 23

- (1) Nachos Supreme
- (2) Taco Salad
- Variety of Fruit**
- Seasoned Black Beans
- Shredded Lettuce + Tomato
- Variety of Milk

THURSDAY 24

- (1) Pasta w/ Peas
- (2) Sorrentina-Style Chicken Cutlet w/ Cheese & Ham
- Variety of Fruit**
- Baked Asparagus
- Vegetable Pinzimonio
- Variety of Milk
- Apricot tart

FRIDAY 25

- (1) Whole Grain Pizza
- (2) Hamburger
- Variety of Fruit**
- Romaine Side Salad
- Crinkle Cut Fries
- Variety of Milk

MONDAY 28

- (1) Teriyaki Chicken w/ Rice
- (2) Pasta w/ Meatballs
- Variety of Fruit**
- Seasoned Green Beans
- Honey Glazed Carrots
- Variety of Milk

TUESDAY 29

- (1) Chicken Parmesan w/ Breadstick
- (2) Ham & Cheese Sandwich
- Variety of Fruit**
- Seasoned Roasted Broccoli
- Seasoned Corn
- Variety of Milk

WEDNESDAY 30

- (1) Soft Tacos
- (2) Cheese Quesadilla
- Variety of Fruit**
- Seasoned Black Beans
- Shredded Lettuce + Tomato
- Variety of Milk



Italian Day
 Homemade recipes developed by our Italian Chefs!

Menu subject to change based on availability

<https://www.mynavyexchange.com/studentmealprogram/>